



Essential Balance

Holistic Wellness Center

Therapist's Ethics, Code of Conduct and Interaction Policy

As your Massage/Reiki Therapist:

- I acknowledge my responsibility to guide my actions to serve your (the client's) best interests, by providing personalized care and appropriate massage therapy techniques (within my scope of practice) to ensure your safety, comfort and well being during each therapy session.
- It **IS NOT** within my scope of practice to diagnose, prescribe for or treat any specific illness or medical condition. Any verbal discussions of general conditions are meant only to suggest options for you to discuss with your physician.
- **IT IS** within my scope of practice to assess and treat soft tissue structures of the body (e.g., skin, muscles, fascia, tendons and ligaments) to achieve relaxation, relieve muscular tension, reduce muscular pain, improve circulation and open and balance the flow of life energy (Qi) through the body.
- I will perform services for which I am qualified and trained to do. I will refer you to an appropriate bodywork specialist or medical professional when needed treatment or bodywork does not fall within my scope of practice.
- I promise to maintain my professional licensure and business credentials up-to-date and in good standing at all times.
- I promise to constantly strive to learn and implement new and better ways to meet your needs. I will make sure to stay up to date on the latest and best therapeutic and business advancements including completing at least 12 hours of bodywork-related continuing education credits per year.
- I promise to keep my facilities and equipment safe and clean at all times. I promise to clean and disinfect all surfaces and equipment that may come into contact with clients before and after each treatment. I also promise to provide freshly laundered, disinfected linens for each massage session.
- I promise to use only high quality, hypo-allergenic massage products such as oils, lotions, gels, powders, essential oils, etc.
- I will be properly bathed, groomed and appropriately dressed in clean, professional clothing for every massage/Reiki session.
- I promise to never be under the influence of alcohol or drugs at anytime while practicing massage.
- I will treat you with respect and dignity without respect to age, race, gender, gender identity, sexual orientation, body-type, state of health, socio-economic status, religion, political opinions/affiliations or life philosophy.
- I will keep all of your records, all of your conversations with me and all information that I obtain from you private and strictly confidential.
- I promise to assist you in your education process and to encourage you to become an active participant in your wellness process.
- I have the right to refuse to perform, or to discontinue a massage therapy session, if I become aware that you have a viral, bacterial or fungal infection, bad cough, fever or any other condition that locally or systemically contraindicates massage.
- I have a right to refuse to perform, or to discontinue a massage therapy session if I become aware that you are intoxicated.
- I have the right to refuse to perform, or to discontinue, a massage therapy session if you are disrespectful, express sexually explicit or suggestive remarks, make sexual advances or display any unwanted, harmful or offensive behavior. I further understand that this may lead to your immediate termination as my client.
- I promise to give you at least 12 hours notice in the rare and unlikely event that I must cancel an appointment. A 50% discount will be applied to your next appointment if I am unable to provide at least 12 hours notice.

Therapist Signature/MA: _____ **Date:** _____